CHAMPIONS. STORIES & DATA





CHAMPIONS is a prevention-driven health and wellness program delivered to the public school student population, grades K-8.



Per capita health care spending is **100%** greater for obese individuals

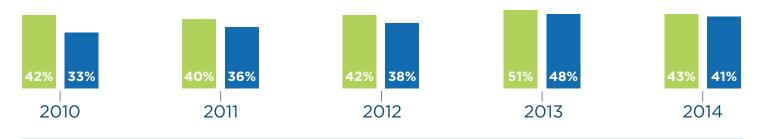
This equates to a difference of \$5,650 in spending per person per year



9% of obese CHAMPIONS students reach normal body weight each year

This equates to an average of **538 CHAMPIONS** students each year

CHAMPIONS knocks down childhood obesity



= % overweight at start of school year

= % overweight at end of school year

If normal body weight is maintained each of these children will save \$278,000 over his or her lifetime in avoided health care expenditures

For each group of 538 students whose weight is normalized through CHAMPIONS, the Big Bend area saves \$1-\$3 million each year



Or, if 9% of obese Florida children were to normalize their weights, the Florida Medicaid program would save \$25 million each year



CHAMPIONS. LIFE SKILLS & MORE

CHAMPIONS students experience dramatic gains in problem solving, group processes, and behavior conduct, compared with demographically-matched control groups.













= CHAMPIONS

Life skills translate into LOWER DELINQUENCY

Between 2009 and 2014, juvenile arrests declined 51% in CHAMPIONS counties, compared with 34% across North Florida

SAVED

\$128,000 - \$386,000 in hard costs of arrests alone

Juvenile residential commitments declined 82% in CHAMPIONS counties, compared with 47% across North Florida

SAVED

\$650,000 - \$1.5 million in avoided residential placements

WHAT DO THESE SAVINGS COST US?

S80 A YEAR